

April 2010

## Concurrent Disorders Resource Network – Peel Region

### MEMBERSHIP AGREEMENT

#### *Preamble*

Even the most conservative estimates suggest that 29% of people with mental health problems have concurrent substance use disorders.<sup>1</sup> Other studies indicate that between 40% and 60% of individuals with serious mental illness will develop a substance use disorder<sup>2</sup>, and that 55% of those with a lifetime diagnosis of alcohol abuse also qualify for a lifetime mental health diagnosis<sup>3</sup>. The concurrent presence of those two disorders is associated with a multitude of problems, including high rates of suicide, homelessness, hospitalization and incarceration.

In the past ten years, both the mental health and the addiction systems in Ontario have recognized the need for improved services for people with co-occurring addiction and mental health problems (i.e. ‘concurrent disorders’).

To enhance the services available to that population, and to allow for more effective crisis intervention, the Ministry of Health and Long-Term Care, through the Peel Human Services and Justice Coordinating Committee (PHSJCC), has provided funding to CMHA Peel to provide concurrent disorders training and consultation for the Region of Peel.

#### *Purpose of the Network*

The Concurrent Disorders Resource Network – Peel Region (CDRN – Peel) exists to support knowledge transfer and skill development in the local mental health, addictions and allied service sectors. The goal is to improve the capacity of agencies to work with people who are in crisis and who have (or may have) concurrent disorders.

To that end, CMHA Peel and its partners will provide training and consultation - focused on concurrent disorders, non-violent crisis intervention, and suicide prevention - to members of CDRN - Peel. Additional services may be developed over the longer term, as members’ needs are defined.

---

<sup>1</sup> Kessler et al, 1996

<sup>2</sup> Drake and Meuser, 2000

<sup>3</sup> Ross et al, 1995

## Eligibility

Membership is open to any human service agency/organization in the Region of Peel which is accountable to a Board of Directors or, which can demonstrate accountability to a Board of Directors through a relationship with a sponsoring organization or an alternate accountability relationship.

## Member Benefits

Members of CDRN - Peel will have access to the training resources provided by CMHA/Peel and its partners, through the Concurrent Disorders Resource Network.

The following types of training will be provided<sup>4</sup>:

SUBJECT	TRAINING MODEL	Length of Training
Suicide Intervention	Applied Suicide Intervention Skills Training ( <b>ASIST</b> ) Developed by Living Works.	2 days
Crisis Intervention	Non Violent Crisis Intervention Training, developed by the Crisis Prevention Institute ( <b>CPI</b> )	1 day
Concurrent Disorders	Co-occurring Disorders Initiative ( <b>CODI &amp; CMHA Ottawa</b> )	5 days

Members will be eligible to attend *Solution Sessions* designed to support application of new knowledge. Ten three-hour sessions will be held in 18 months. Each session could include one of these four components:

- *Case Consultation* (Opportunities to seek input from peers about specific situations or issues related to people with concurrent
- *Networking* (Opportunities to connect with staff of other agencies)
- *Information Sharing* (Opportunities to gain information about the mandate and programs of other agencies and significant developments in the local service delivery system)
- *Education Opportunities* as offered

*Hours spent training are eligible for continuing education hours with the Canadian Addiction Counsellors Certification Federation (CACCF)*

---

<sup>4</sup> Additional or alternative training programs may be developed, as resources permit, in response to needs identified by CDRN-Peel members. All training provided through CDRN -Peel will call upon best practices and utilize partnership-based strategies.

## Member Responsibilities

Members of CDRN – Peel will:

- 1) Ensure that alumni of the Concurrent Disorders Training program attend 50% (i.e. 5) of the peer consultation sessions held in the 18 months following completion of their training.
- 2) Ensure that all staff that has completed training programs provides feedback to CMHA Peel about the value of that training.
- 3) If applicable provide CMHA/Peel with data regarding the number of people with concurrent disorders served by the agency/program each year.
- 4) Provide periodic feedback to CMHA/Peel about how well the Network is working and how well the training is meeting the needs of the community.
- 5) Participate in an evaluation of this initiative and a review of this agreement on the first anniversary of its implementation.

## Fees

- ❖ **Individual Fee Includes:** The annual CMHA Membership Fee of \$20.00. Plus \$120 for the CD Network (this includes \$40 for course materials in three modules  $40 \times 3 = \$120$ ). Membership also includes access to our Library and voting rights at our annual general meeting.
- ❖ **Non-Profit Organization Fee:** The annual CMHA Membership Fee of \$50.00. Plus \$120 for each staff member from this agency who joins the CD Network. (This includes \$40 for course materials in three modules  $40 \times 3 = \$120$ .) Membership also includes access to our Library and voting rights at our annual general meeting.
- ❖ **Corporate Fee:** The annual CMHA Membership Fee of \$100.00. Plus \$120 for each staff member from this agency who joins the CD Network. (This includes \$40 for course materials in three modules  $40 \times 3 = \$120$ .) Membership also includes access to our Library and voting rights at our annual general meeting.

Payment is required in advance to secure spot. Please register early and let us know if you require any special accommodations.

PLEASE NOTE: If an agency's designated staff person leaves an agency after having participated in one or two of the three training sessions, a replacement staff person may take the remaining session(s). However, if the new staff person wishes to take all the session(s) he/she did not originally take, the agency must pay for those session(s).