

Family Support Worker (ACT team and Early Intervention Team)

The **Canadian Mental Health Association/Peel Branch** is recruiting for a full time **Family Support Worker** to support young adults (16 to 35) experiencing early manifestation of potential mental health issues and their families/caregivers in order to promote recovery.

The incumbent will provide training to staff working with this population, leading to a more family competent orientation. The Family Support Worker will assist CMHA/Peel to create a more family-focused organization and participate in CMHA/Peel's organizational development in the area of a family focused orientation.

The Family Support Worker will work with the Early Intervention Team (FACT Peel +) and the ACT team as a Social worker, supporting clients within the both programs, focusing on providing support to clients and their families.

This full time position (37.5 hours) will be based with the ACT team and will report to the ACT Team manager. Service will also be provided in Malton with the Early Intervention team.

Responsibilities:

To provide support to Fact Peel + and ACT clients and their families including:

1. To participate as a member of the multi-disciplinary ACT team to provide crisis intervention and support services to clients, working collaboratively within the ACT model.
2. Providing supportive counseling and skills teaching sessions to identified family members/caregivers of the clients of FACT Peel + as well as ACT team.
3. Provide individual and group educational opportunities to assist family members/caregivers in learning about mental health issues and effective coping strategies, including the use of harm reduction principles to identify, reduce and remove risk factors
4. Training and consulting to colleagues from CMHA/Peel and SHIP regarding how to reach out and respond to families and to identify high risk family situations
5. As a coach and champion of a family systems approach to work with clients, identifying and integrating best practices for family support into programming, thereby fostering the delivery of a positively family-focused attitude
6. Maintaining appropriate record-keeping/documentation, statistical and outcome measurement tools as required by CMHA/Peel policies and procedures
7. Working effectively and collaboratively with teams, internal and external to CMHA/Peel.
8. Participating in CMHA/Peel's organizational development in the area of a family focused orientation

Skills and Qualifications:

1. MSW/RSW with at least 2 years experience with vulnerable populations
2. Demonstrated family intervention skills; family therapy training and experience required
3. Experience with clients who have severe and persistent chronic mental illness
4. Working knowledge and understanding of the Recovery Model
5. Excellent oral and written communication, organizational and problem solving skills
6. Demonstrated ability to work independently and as part of a team.
7. Proficient computer skills including MS word, Internet and e-mail
8. Knowledge of French or any other second language is an asset
9. Valid "G" Drivers license, relevant insurance and use of own vehicle

CMHA/Peel offers a competitive salary, excellent benefits and a supportive work environment that emphasizes work-life balance.

We offer flexible work hours, generous vacation and personal days, wellness program and a comprehensive Extended Health-Dental coverage plan as well as a pension plan.

Qualified applicants may send their resume via email to balsaran@cmhapeel.ca

or by mail to:

**Human Resources Manager, CMHA/Peel
7700 Hurontario Street, Suite 601,
Brampton, ON 6Y 4M3**

Fax: (905) 863-5201

www.cmhapeel.ca

CMHA/Peel is an equal opportunity employer.